

# Resource Guide

## ADD/ADHD

<b>Location:</b>	<b>Programs:</b>	<b>Address:</b>	<b>Phone:</b>
Westford	Cristina Desa, MSN, PMH-NP, BC	Westford, MA	978-467-4164
Salem	Cheryl Izen, APRN, PC, BC	Salem, MA	978-704-1994 x2

## Anxiety

<b>Location:</b>	<b>Programs:</b>	<b>Address:</b>	<b>Phone:</b>
Boston	BU Center for Anxiety	648 Beacon St.	617-353-9610
Chelmsford	Merrimack Valley Trauma Services	229 Billerica Road	978-735-4110
Chelmsford	Phillip Green/Therapy Assoc of Chelmsford	3 Courthouse Lane	978-710-7569
Lowell	South Bay Mental Health	77E Merrimack St Unit 1	978-453-6800
Northborough	Northboro Psychiatric Associates	112 Main St. Ste. 105DBA	508-393-7223
Leominster	Lipton Center	100 Erdman Way	978-537-0956
Acton	Mitchell Wanh, MD, Psychiatrist	403 Massachusetts Ave	978-635-0509
Worcester	Mitchell Bamberger	275 Belmont St.	508-791-3261
Worcester	Keith C Levy, MD, Child Psychiatrist	52 Cedar St.	508-752-5191
Leominster	Keith C Levy, MD, Child Psychiatrist	25 Mohawk Dr.	508-752-5191
Westborough	Keith C Levy, MD, Child Psychiatrist	19 W Main St.	508-752-5191
West Boylston	Pediatric Behavioral Health	148 Worcester St.	508-835-1735
Worcester	UMASS Memorial Medical Center	55 Lake Ave N	508-856-6701
Harvard	Ceevah H Blatman, MD	14 Old Boston Tpk	978-456-9364
Brighton	Franciscan Hospital for Children	30 Warren St	617-254-3800
North Chelmsford	Compass Point Counseling	55 Middlesex St, Ste. 226	978-703-0731
Groton	Christine Musello	142 Main St	978-448-3300
Lowell	South Bay Early Intervention	148 Warren St.	978-452-1736
Fitchburg	Kim Robles LMHC, BC-DMT <a href="http://youmovimiento.com/about-movimiento">http://youmovimiento.com/about-movimiento</a>	12 Oliver St	978-602-2182
Westford	Christine Morrison		774-262-7215
Northboro	Caroline Cole	300 W Main St	508-393-4700
Lexington	Stephanie Kriesberg	1666 Mass Ave	781-507-3421
Arlington	Virginia Deforge		781-643-3230
Chelmsford	Kerry (Gardner) Morrison	139 Billerica Rd, Ste C2	978-710-9333
Littleton	Sacks and Associates Counseling Center	435 King St, Suite 202	978-486-8046

Maynard	Dale Sickles	30 Parker St	978-793-1137
Andover	Purna Bhagavathula	1 Elm Square Suite 2B	781-710-1636/978-470-0520 ext 104

## Asperger's & Autism

<u>Location:</u>	<u>Asperger's &amp; Autism Therapy based programs:</u>	<u>Address:</u>	<u>Phone:</u>
Lexington	The Lurie Center/LADDERS Program	1 Maguire Road	781-860-1700
Randolph	National Autism Center	41 Pacella Park Dr.	781-437-1375
Lowell	South Bay Mental Health	77 East Merrimack St, Unit 1	978-453-8331
Lowell	Anne Sullivan	126 Phoenix Ave	978-453-8331
Boston	Children's Hospital- Center for Children with Special Needs	755 Washington St	617-636-7242
North Chelmsford	Lowell General	20 Research Place	978-937-6362
Framingham	Metro West	475 Franklin St, Ste. 209	781-897-0240
Boston	Boston Medical Center – Shapiro Center	725 Albany St, Ste. 8C	617-414-4501
Lexington	Child Development Network	76 Bedford St	781-861-6655
Stoneham	New Beginnings	228 Main St	781-438-0038
Randolph	National Autism Center	41 Pacella Park Dr	877-313-3833
Westford	Christine Morrison		774-262-7215

## Depression

<u>Location:</u>	<u>Child/Adolescent/Adult Centers:</u>	<u>Address:</u>	<u>Phone:</u>
Acton	Boundaries	518 Great Rd	978-263-4878
Acton	Streff Associates	532 Great Rd	978-263-0439
Acton	Acton Counseling Associates	75 Great Rd, 2A	978-263-4381
Acton	Metrowest Behavioral Health Center	380 Massachusetts Ave	978-264-3500
Andover	Balanced Solutions	300 Brickstone Square Ste 201	978-662-5181
Arlington	Melanie Shear, LICSW	94 Pleasant St.	978-692-0301
Arlington	Psychological Care Associates	22 Mill St. #308	781-646-0500
Allston	The Boston Center	14 Fordham Rd.	617-783-9676
Clinton	Clinton Counseling	70 High St. Ste 206	978-365-8000
Chelmsford	Stoney Brook Counseling Center	2 Courthouse Ln, Ste.3	978-275-9444
Chelmsford	Greater Lowell Psych	9 Acton Rd. #25	978-256-6579
Chelmsford	Seven Hills Behavioral Health	7-10 Summer St.	978-256-1444
Chelmsford	North Star Guidance Center	21 Glen Ave	978-256-0667
Chelmsford	Katherine Lambert, LICSW, ACSW, C-CTODSW, LADC-I	2 Meetinghouse Rd. Flr 2 Ste 1	978-726-9874
Chelmsford	Meetinghouse Psychological Associates	1 Meetinghouse Rd	978-256-1288
Chelmsford	Lucille Radcliffe, MSW, LICSW	N/A	978-726-5805
Concord	Concord Insight Partners	747 Main St. #219	978-369-1013
Dracut	Rebecca Green, MSW, LICSW	465 Nashua Road,	617-549-9711

		Ste 6	
Fitchburg	Riverfront Counseling Center	76 Summer St. Ste 25	978-345-6729
Fitchburg	Lipton Center	255 Main St	978-343-6957
Fitchburg	Luk, INC	545 Westminster St	978-345-0685
Fitchburg	Life Health Center	348 Lunenburg St	978-345-0935
Harvard	Life Management	257 Ayer Rd	978-772-4457
Harvard	Crossroads Counseling Associates	249 Ayer Rd #204	978-772-6100
Lexington	Counseling Collaborative	57 Bedford St. Ste 125	781-861-1818
Leominster	LifeSpan Family Counseling Center	665 N. Main St	978-798-1375
Littleton	Interactions	311 Great Rd #1	978-952-6060
Littleton	FullCircle Counseling, LLC	537 King St. Flr. 2	978-621-1197
Littleton	Transitions Counseling Center	531 King St. Ste. 4	978-952-6336
Lowell	Center for Family Development	45 Merrimack St, Ste. 200	978-459-2306
Lowell	South Bay Mental Health	77E Merrimack St Unit 1	978-453-6800
Lowell	Community & Family Counseling Services	99 Church St.	978-458-6282
Lowell	Lowell Treatment Center	391 Varnum Ave	978-322-5160
Lowell	Arbour Counseling Services of Lowell	10 Bridge St	978-453-5736
Lowell	Pathways Counseling Center	134 Middle St #340	978-937-2696
Marlborough	Advocates	340 Maple St. 4 <sup>th</sup> Floor	508-485-9300
Nashua, NH	Gate City Mental Health	71 Spit Brook Rd Suite 102	603-882-3786
Nashua, NH	Greater Nashua Mental Health Center	7 & 15 Prospect St, 100 West Pearl St	603-889-6147
Newton	Charles River Counseling Center	188 Needham St	617-527-4610
Sudbury	Wayside Counseling	327 Boston Post Rd #D	978-452-1736
Westford	Melanie Shear, LICSW	319 Littleton Rd Ste. 108	978-692-0301
Westford	Westford Counseling Center	319 Littleton Rd	978-692-4032
Wilmington	Wilmington Family Counseling Service	5 Middlesex Ave	978-658-9889
Lowell	South Bay Early Intervention	148 Warren St.	978-452-1736
North Chelmsford	Compass Point Counseling	55 Middlesex St, Ste. 226	978-703-0731
Multiple Locations	Adoption Journeys – Post Adoption Support Services		800-97-CARE-4 (800-972-2734)
Chelmsford	Elizabeth (Liz) Cirelli, LMHC	290 Littleton Rd, Suite 1A	978-710-9598
Chelmsford	Angela Kotsifas, LMHC	290 Littleton Rd, Ste 1A	978-710-8722
Chelmsford	Kate Miller, LMHC	290 Littleton Rd, Ste 1A	978-502-2926
Lowell	Mike Miles, MSW	10 Bridge St	781-871-6550
Worcester	Woman's Mental Health – Dr. Lundquist	55 Lake Avenue	508-334-5101

## CBHI, Community Behavioral Health Initiative, In-home services

<b>Location:</b>	<b>Programs:</b>	<b>Address:</b>	<b>Phone:</b>
Lowell	South Bay Mental Health	77 East Merrimack St.	978-453-6800
Lowell	MSPCC	126 Phoenix Ave.	978-937-3087
Lowell	Lowell Treatment Center Family Stabilization	391 Varnum Ave.	978-322-5190
Fitchburg/Leominster	Lipton Center	100 Erdman Way	978-537-0956
Fitchburg/Leominster	LUK Inc.	545 Westminster St.	978-345-0685
Gardner	YOU INC.	81 Plantation St.	508-849-5600 x425

## Eating Disorders

<b>Location:</b>	<b>Programs:</b>	<b>Address:</b>	<b>Phone:</b>
Belmont	Klarman Eating Disorder Center at McLean Hospital	115 Mill St	617-855-3410
Cambridge	Cambridge Eating Disorder Center	3 Bow St.	617-547-2255
Old Greenwich, CT	The Renfrew Center	1445 East Putnam Ave	800-736-3739
Waltham, Ma	Comprehensive Psychiatric Resources	203 Crescent St, Suite 110	781-647-0066
Andover	Eating Disorder Center of Andover, LLC	68 Main St # 5	978-474-1777

## Day Treatment, Partial Hospitalization, Intensive Outpatient Programs

<b>Location:</b>	<b>Programs:</b>	<b>Address:</b>	<b>Phone:</b>
Lowell	Lowell Treatment Center	391 Varnum Ave	800-222-2237
Westwood	Westwood Hospital	45 Clapboardtree St.	800-222-2237
Woburn	Bournewood IOP and Partial at the Caufield Center	23 Warren Ave.	781-932-0649
Brighton	Franciscan Partial Hospital	30 Warren St	800-333-0338
Providence, RI	Hasbro Children's Hospital	593 Eddy St	401-444-8638

## Substance Abuse

<b>Town:</b>	<b>Adolescent Centers:</b>	<b>Address:</b>	<b>Phone:</b>
Andover	North Andover Wellness Center	451 Andover St. #195	978-258-7191
	<i>Addiction Medicine, comprehensive outpatient detoxification</i>		
Lowell	Stephen Beaton <i>Certified Drug/Alcohol Counselor</i>	586 Merrimack St.	978-746-7862
Lowell	Lowell House <i>Evaluation/10 wk Juvenile Diversion/Awareness Program</i>	555 Merrimack St.	978-459-8656
Lowell	Lowell Youth Treatment Center <i>Inpatient/Partial hospitalization 13-18 yrs old, dual diagnosis</i>	391 Varnum Ave.	978-322-5160
Lawrence	Pegasus House <i>Residential, 90-day treatment for 13-18 yrs old, dual diagnosis</i>	482 Lowell St.	978-687-4257
Brookline	McLean Hospital <i>Outpatient Services, weekly teen group, 15-19 yrs old</i>	115 Mill St.	617-855-3162
Concord	Emerson Hospital <i>Addiction Services- Anthony Piro</i>	133 Old Road	978-287-3520
Brookline	Bournewood Health Systems	300 South St.	617-469-0300

	<i>Inpatient &amp; Outpatient Adolescent Chemical Dependency Treatment</i>		
Fitchburg	LUK Crisis Center	99 Day St.	978-345-0685
	<i>Outpatient substance abuse treatment</i>		
Worcester	Motivating Youth Recovery	12 Queen St.	508-860-1244
Amesbury	Sally's Place	56 Sparhawk St	978-388-8972
Littleton	Charles Childress, CH	435 King St	978-486-8046
Multiple locations	Habit Opco		855-554-2248

## Crisis Evaluations

<b>Location:</b>	<b>Programs:</b>	<b>Address:</b>	<b>Phone:</b>
Lowell	Northeast Behavioral Health (formally Health & Education Services, HES)	391 Varnum Avenue	978-322-5120
Multiple Locations	Advocates	East Area	800-540-5806/781-893-2003
Multiple Locations	Advocates	West Area	800-640-5432/508-872-3333

## Obsessive Compulsive Disorder (OCD)

<b>Location:</b>	<b>Programs:</b>	<b>Address:</b>	<b>Phone:</b>
Boston	BU Center for Anxiety	648 Beacon St.	617-353-9610
Boston	MGH OCD Program	185 Cambridge St	617-726-6766
Belmont	OCD Institute at McLean	115 Mill St	617-855-3371

## OT/PT & Speech

<b>Location:</b>	<b>Programs:</b>	<b>Address:</b>	<b>Phone:</b>
Westford	Educational Resources for Unique Learners	133 Westview Drive	978-692-6919
Haverhill	Angel Care	70 Merrimack St	978-521-6150
Harvard	Lannon Twomey MS CCC-SLP Speech-Language Pathologist www.twomeyspeechtherapy.com		www.twomeyspeechtherapy.com

## Neuropsychological Testing

<b>Location:</b>	<b>Programs:</b>	<b>Address:</b>	<b>Phone:</b>
Fitchburg, Ma	Psychological Testing Consultants	32 Adams St	978-342-4344
Arlington & Andover, Ma	Children's Neuropsychological Services		978-749-2700
Needham & Beverly	Boston Neuropsychological Services		877-283-7863