

Outpatient Therapy & Psychiatry

Program	Accepted Private Insurances	Program Type/Ages Served	Location	Telephone #	Fax #
Interactions Counseling & Interventions Center, Inc.		Individual, Family, Couples, Group Therapy	288 Littleton Rd., Unit 30, Westford, MA, 01886	(978) 392-9600	
JLG Wellness & Counseling		Individuals, Couples, & Families	77 Great Road, Suite 203, Acton, MA 01720	(978) 549-0745	
Stony Brook Counseling Center		Individual, Family, & Couples Therapy; Psychiatric Services	2 Courthouse Lane, Suite #3, Chelmsford, MA 01824	(978) 275-9444	(978) 275-9918
Family Associates of		Individual, Family, Couples, &	201 Chelmsford St.,	(978) 256-1467	(978) 256-7465
Life Management Associates		individual, family, couples therapy	257 Ayer Rd, Harvard, MA 01451	(978) 772-4457	(978) 772-7107
Sacks & Associates		Individual & Family Counseling, Hypnosis, & Yoga	435 King Street, Suite 202, Littleton, MA 01460	(978) 486-9046	(978) 486-8048
Streff Associates		Individual, Family, Couples Therapy	532 Great Road, Acton, MA 01720	(978) 263-0439	
Lahey Behavioral Health		Individuals, Couples, & Families; Psychiatry Services	41 Mason St, Salem, MA 800 Cummings Ctr. Suite, 266, Beverly, MA 298 Washington, St., Gloucester, MA 25R Market St., Ipswich, MA 60 Merrimack St., Haverhill, MA 12 Methuen St., Lawrence, MA	Salem: (978) 745-2440 Beverly: (978) 921-1190 Gloucester: (978) 283-0296 Ipswich: (978) 356-1776 Lawrence: (978) 683-3128	Salem: (978) 744-1701 Beverly: (978) 927-3724 Gloucester: (978) 283-2665 Ipswich: (978) 356-2822 Haverhill: (978) 373-6363 Lawrence: (978) 682-7296
Metrowest Counseling	BCBS, Harvard Pilgrim, UBH, Tufts, United	Individual, Family, & Couples	463 Worcester Road, Suite 303,	(508) 875-1110	(508) 875-1130
Wilmington Family Counseling Services, Inc.	Aetna, BCBS, Boston Medical Center, Cigna, Fallon, First Health, Harvard Pilgrim, Healthcare Value Management, Medicare, Neighborhood, Network, Private Healthcare Systems, TeamstersCare, Tufts, Unicare, United Healthcare or UBH, Value Options, Tricare	Family & Individual Therapy	Heritage Commons, Suite 11, 5 Middlesex Avenue, Wilmington, MA 01887	(978) 658-9889	(978) 658-5695

Riverfront Counseling Center		Individual, Family, & Couples Therapy; Psychiatri Services	76 Summer Street, Suite Suite #139, Fitchburg, MA 01420	(978) 345-6729	(978) 342-7503
Bridgewell Counseling Services		Counseling & Psychiatric Services	7 Summer Street, Suite 19, Chelmsford, MA 01824	(978) 856-4938	(978) 441-1773
Greater Lowell Psychiatric Associates		Individual, Family, Couples, & Group Therapy; Psychiatric Services	73 Princeton St. Suite 203, North Chelmsford, MA 01863	(978) 256-6579	
Bridgewell Counseling Services		Ages 18+; Individual, Family, Couples, & Group Therapy; Psychiatric Services	35 Market Street, Lowell, MA 01852	(978) 459-0389	(978) 459-7642
Central Mass Counseling	BCBS	Individuals, Couples, & Families	20 Washington Street, Hudson, MA 01749	(978) 820-7588	
Lowell Community Health Center		Counseling & Psychiatric Services	161 Jackson Street, Lowell, MA 01852	(978) 397-9700	(978) 221-6216
Mental Health Association of Greater Lowell, Inc.		Individual, Family, Couples, & Group Therapy; Psychiatric Services	99 Church Street, Lowell, MA 01852	(978) 458-6282	(978) 441-9826
Arbour Counseling Services		Individual, Family & Group Therapy; Psychiatric Services	10 Bridge Street , Lowell, MA 01852	(978) 453-5736	(978) 970-5595
Southeast Behavioral Health Center		Outpatient Services & Community Based Services	35 Summer Street, Suite 202, Taunton, MA 02780	(508) 207-8819	(508) 884-2476
Metrowest Behavioral Health Center		Counseling Services	380 Massachusetts Avenue, Acton, MA 01720	(978) 264-3500 Ext. 3508	(978) 263-3088
LUK, Inc.		Individual, Family, Couples, & Group Therapy; Psychiatric Services	545 Westminster Street, Fitchburg, MA 01420 40 Southbridge St. 4th Floor, Worcester, MA, 01608	(800) 579-0000 (978) 829-2312	(978) 345-8495
South Bay Mental Health		Individual, Couples, Family, & Group Therapy; School-Based Services; Psychological Testing; Medication Management; Diagnostic Assessments; Treating Trauma Survivors; Intensive Family Services; Crisis Intervention & Emergency Services	Lowell, Lawrence, Leominster, Worcester	Intake Department: (800) 244-4691 (508) 427-5362	
UMASS Memorial		Child, Adolescent, & Adult Counseling & Psychiatry	55 Lake Avenue, North Worcester, MA 01655	(508) 334-0532 (508) 334-5393	

Lipton Center		Counseling	45 Summer St., Leominster, MA 01453	(978) 534-6116	
Erika Lally, LMHC, ATR-BC		Counseling, Adults & Children	540 Main Street, #14, Winchester, MA 01890	(781) 218-2377	
Jamie K. Beck, LMHC, BCPC, ATR		Psychotherapy & Expressive Therapy; Parenting Skills Training; Clinical Consultation for Legal Professionals & Educators; Group Therapy	270 Littleton Road, #29, Westford, MA 01886	(978) 828-4635	
Shannon Gauthier, MA, LMHC, BC-DMT	MBHP, Tufts, BCBS, UBH, Tricare, Magellan	Counseling	71E Main Street, Westminster, MA 01473	(978) 571-9870	
Erika Caulfield, LMHC	UBH, BCBS	Counseling; Adults	110 Littleton Road, Chelmsford, MA	(978) 496-8272	
Insight Options Counseling; Rob Brownson, LMHC		Counseling	442 King Street, 2nd Floor, Littleton, MA 01460	(978) 479-2923	Rob@InsightOptions.org
Linda Charpentier, MA, LMHC		Counseling	71 Main Street, Suite 2C, PO Box 245, Westminster, MA 01473	(978) 668-5099	
Elizabeth Cirelli, LMHC	BCBS, Harvard Pilgrim, Tufts, United	Counseling	290 Littleton Road, Suite #1A, Chelmsford, MA 01824	(978)710-9598	
Therapy Associates of Chelmsford		Individual, Couples, and Family Therapy	3 Courthouse Lane, Unit 8, Chelmsford, MA 01824	(978) 710-7569	9978) 710-7757
Center for Family Development		Individual, Family, Couples & Group Therapy; Psychiatric Services	81 Bridge St., Lowell, MA 01852	(978) 459-2306	(978) 453-9394