

Nutritionists/Dietitians

Program	Accepted Private Insurances	Program Type/Ages Served	Location	Telephone #	Fax #
Lisa Pearl, MS, RD, LDN	Harvard Pilgrim, Tufts, BCBS, Aetna, Self-Pay	Individual therapy, Nutritional Counseling, Coaching	33 Bedford Street, Suit 20, Lexington, MA	(781) 674-1189	
Anna P. Sweeney, MS, RD, LDN	Self-Pay, Sliding Scale	Nutritional Counseling	70 Junction Square Drive, 2nd Floor, Concord, MA	(978) 254-1344	
Amy Gardner, MS, RD	BCBS, Tufts, Harvard Pilgrim, Self-Pay	Individual therapy, Nutritional Counseling	1071 Worcester Road, Suite 31, Framingham, MA	(617) 332-2282	
Janet Weathers, Psy.D		Individual Therapy	99 East Central St., Natick, MA	(508) 650-3800	
McLean Hospital's Klarman Eating Disorders Center		Nutritional Counseling	115 Mill St., Belmont, MA	(617) 855-3410	
Emerson Hospital		Nutritional Counseling	133 Old Road to Nine Acre Corner, Concord, MA 01742 133 Littleton Road, Westford, MA 01886	Concord: (978) 287-3782 Westford: (978) 589-6999	
Integrative Wellness Center		Nutritional Counseling	132 Great Road, Suite 201, Stow, MA 01775	(978) 461-2001	
Crossroads to Health		Nutritional Counseling	148 Main Street, Groton, MA, 01450	(978) 551-1321	
inBalance Nutrition		Medical Nutrition Therapy; Nutrition & Lifestyle Coaching	481 Great Road, Suite 10, Acton, MA 01720	(978) 266-1576	

Walden Behavioral Care	Aetna, BCBS, Beacon Health Strategies, Capital Physicians Group, Cigna, Consolidated Health Plans, CorpHealth/LifeSynch, Fallon Community Health Plan, Health New England, Health Plans, Inc., Magellan, Managed Health Network, MBHP, Medicaid, Medicare, Neighborhood Health Plans, Network Health Plan, Pioneer Health, Teamsters, Tufts, United Behavioral Health, United Health Care, Value Options	Nutritional Counseling	9 Hope Avenue, Suite 500, Waltham, MA	(781) 647-6727	
Roberta Pearle Lamb, MPH, RD, LDN		Individual Therapy, Nutritional Counseling, Coaching, Support Groups	11 River St., Suite 2, Wellesley, MA	(781) 330-2540	
Newton-Wellesley Eating Disorders & Behavioral Medicine		Individual Therapy, Nutritional Counseling, Family Therapy, Couples Therapy	1330 Beacon St., Suite 225, Brookline, MA 10 Langley Road, Suite 200, Newton Centre, MA	(617) 332-2700	