

Welcome to New England Center for Mental Health

- Please find *The Therapy Agreement and The Guidelines Therapy Treatment of Mature Minors* attached. These give you valuable information regarding therapeutic services.
- Please take some time and read through these documents and write down any questions that you may have regarding this information.
- At your first therapy appointment, it is very important that you **bring the therapy agreement and the guidelines for therapy treatment of mature minors with you**. The therapist and the patient/parent/guardian will discuss how these agreements are part of the therapeutic process.
- All other paperwork **should be in the office 48 hours** prior to the visit.

We look forward to working with you/your family in the weeks ahead. Thank you for your detailed attention to this matter.

Sincerely,
The Therapists at NECMH